

# Instructions for Injections

## Equipment

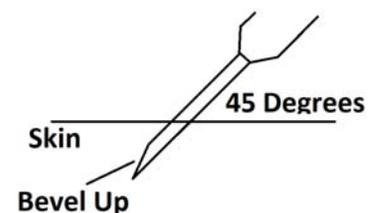
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- A box of ampules
- Needles and syringes, either from me or the pharmacy
- A container to dispose of your needles. This can be either a formal sharps container or any plastic bottle, it just needs to be protective for whoever handles your trash.

## Instructions

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1. Take an alcohol swab and clean the area to be injected, using a motion of spiraling out from the center point.
2. Take the needle and syringe out of the packaging and put them together, being careful not to touch the parts where they will connect
3. Hold the ampule right side up and flick it a few times to make sure all the liquid is in the bottom.
4. Break open the ampule and discard the tip. Take care not to touch the newly open end (ie keep it sterile).
5. Turn the ampule upside down. It will not spill (due to surface tension).
6. Insert the needle into the open ampule, taking care not to touch the outside or the broken edge with the needle.
7. Pull the plunger down until all the liquid is in the syringe. Flick it again to release any bubbles.
8. Push the plunger back up until the first few drips come out of the needle.
9. Pinch a section of skin where the injection is to go
10. Hold the needle with the bevel of the needle up (away from the skin) and insert the needle at a 45 degree angle.
11. Release your pinch and inject the liquid. There may be a slight burning, but it should not be painful.
12. Remove the needle and discard in your container



## Notes

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All Uriel injectables come labeled “for oral use only.” This is because the FDA does not permit homeopathic medicines for injectable use. These ampules are made to injection standard. The whole process is legal because I am allowed to prescribe any approved drug “off label” as long as I deem it safe and effective

Let me know if you get any unexpected reactions from the injections. I would be especially concerned with fever, pain, or angry red color around the injection site. These would be signs of infection. Infection with these types of injections are rare, but not impossible.



holistic-einstein.com  
dan@holistic-einstein.com  
(p) 207-470-0499  
(f) 207-221-5707

## Mistletoe Specifics

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When starting on Mistletoe, you will usually start with a “Series” box. These boxes go from low to high dose (left to right). You should start with the lowest dose and work up. When you get a reaction, you should stop increasing the dose and let me know. Please let me know which dose caused your reaction (listed on the ampule label) so that I can order a whole box of that dose for you from Uriel.

The reaction we are looking for is a quarter-sized pink area around the injection site that should disappear within 24 hours

Please do not take the next dose of Mistletoe if you still have a clearly visible reaction from the previous one.

Over-reactions are possible, but not dangerous. An over-reactions could be:

- a larger reaction area
- A reaction area that doesn't disappear within 24hr
- A reaction area that is red instead of pink
- Flu-like symptoms

Please let me know if these happen as we will likely need to decrease your dose. It is especially important to let me know if you get a red reaction area or a fever, as these could be signs of infection.